## Ellington Senior Center Calendar August 2009

Monday		Tuesday		Wednesday		Thursday		Friday	
Note: Schedule to change with notice	•								
								SAT – 8/1/09 Setback @ 7:00 p.r	n.
3		4		5		6		7	
EMAT APPTS		EMAT APPTS		EMAT APPTS		EMAT APPTS		NO EMATS	
Garden Thyme Exercise Class Tai Chi (Beg) Tai Chi (Adv) Mahjongg	9:00am 9:00am 10:30am 11:30am 1:00pm	Bridge Bocce Ball Dominos Setback	9:00am 10:30am 1:00pm 7:00pm	HVCC Transit Shuffleboard	2:00pm	Sew & Sew/Crafts Canasta	9:30am 1:00pm	Mahjongg Pinochle	10:00am 6:00pm
Shaw's		Geissler's/Big Y		Price Chopper				SAT – 8/8/09 Setback @ 7:00 p.r	n.
10		11		12		13		14	
EMAT APPTS		EMAT APPTS		EMAT APPTS		EMAT APPTS		NO EMATS	
Garden Thyme Exercise Class Tai Chi (Beg) Tai Chi (Adv) Mahjongg	9:00am 9:00am 10:30am 11:30am 1:00pm	Bridge Bocce Ball Blood Pressure Diabetic Screening Setback	9:00am 10:30am 1:30pm 1:30pm 7:00pm	HVCC Transit Shuffleboard	2:00pm	Sew & Sew/Craft Canasta	9:30am 1:00pm	Mahjongg Pinochle	10:00am 6:00pm
Out To Lunch Chowder Pot Restaurant 1:00 p.m.		Price Chopper		Geissler's/Big Y		SAT – 8/15/09 Setback @ 7:00 p.r	m.		

17	18	19	20	21	
EMAT APPTS	EMAT APPTS	EMAT APPTS	EMAT APPTS	NO EMATS	
Garden Thyme 9:00am Exercise Class 9:00am Tai Chi (Beg) 10:30am Tai Chi (Adv) 11:30am Mahjongg 1:00pm Line Dance 1:30pm	Bridge 9:00am Bocce Ball 10:30am Blood Pressure 1:30pm Diabetic Screening 1:30pm Setback 7:00pm	HVCC Transit Shuffle Board 2:00pm  Willington Pizza UCONN Ice Cream Senior Center Transportation Department 11:30am	Sew & Sew/Crafts 9:30am Canasta 1:00pm Memories & Creative Writing 1:00pm	Mahjongg 10:00am Ballroom/Polka 1:30pm Social Variety Show Mtg. 3:30pm Pinochle 6:00pm SAT - 8/22/09	
Shaw's	Geissler's/Big Y			Setback @ 7:00 p.m.	
24	25	26	27	28	
EMAT APPTS	EMAT APPTS	EMAT APPTS	EMAT APPTS	NO EMATS	
Garden Thyme 9:00am Exercise Class 9:00am Tai Chi (Beg) 10:30am Tai Chi (Adv) 11:30am Mahjongg 1:00pm	Bridge 9:00am Setback 7:00pm "Bienvenue" Club 12:30pm	HVCC Transit Ellington Singers 10:00am Shuffleboard 2:00pm  Hawaiian Luau 4:30pm	Sew & Sew/Crafts 9:30am Canasta 1:00pm	Mahjongg 10:00am Ballroom/Polka 1:30pm Social Pinochle 6:00pm	
Shaw's	Big Y/Wallmart – E. Windsor	Price Chopper		SAT – 8/29/09 Setback @ 7:00 p.m.	
31		onthly Features		Reminders	
EMAT APPTS  Garden Thyme 9:00am Exercise Class 9:00am Tai Chi (Beg) 10:30am Tai Chi (Adv) 11:30am Mahjongg 1:00pm  Shaw's	AARP Drivers Education Course- "Bienvenue" Club - 8/25/09 – 12: Blood Pressure Clinic/Diabetic Sc. Cards and Games – (see newslette Ellington Singers – 09/10 seasons Health & Wellness News (see new Memory & Creative Writing – me Podiatry Clinic – first Wednesday Sew & So/Crafts – 9:30 am; every Veteran's News – (monthly – see a Anna L. Turner MSW – Outreach I	All Informatinewsletter ne	Transportation Line: 870-3137 Hours: 9:00 am – 1:00 pm  ation for the upcoming needs to be into the Directors ter than 9/4/09		